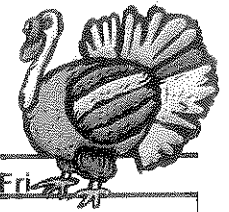
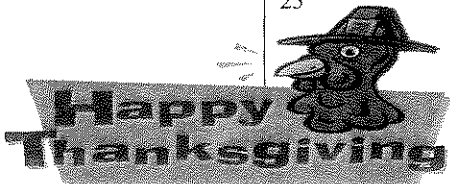


November 2011 Odyssey Charter School Lunch Menu



Mon	Tue	Wed	Thu	Fri
	1 CHICKEN FAJITA 6" SOFT TORTILLA CHEESE QUESADILLA Fruit Punch 4 oz. Steamed Carrots Shredded Lettuce / Sliced Cucumber Chilled Fruit Side - Salsa	2 PORK OR VEGETARIAN EGG ROLL SUNFLOWER SEEDS Tossed Green w/ Spinach Rice **Ripe Banana Chilled Fruit *Fortune Cookie	3 BEEF NUGGETS 4 BEAN & CHEESE BURRITO Garden Salad Mashed Potato Orange Smiles Chilled Fruit	4 TURKEY & CHEESE SANDWICH CHEESE LASAGNA / MINI BAGEL Shredded Lettuce w/ Baby Spinach Cherry Tomatoes Apple Chilled Fruit
7 FISH PATTY ON BUN CHEESE RAVIOLI Carrot Coins Spinach w/ Mushrooms Salad Chilled Fruit Orange Smiles	8 CHICKEN PATTY OR VEGGIE TENDERS ON BUN Shredded Lettuce w/ Spinach Green Beans Chilled Fruit Pears	9 SPAGHETTI W/ MEATSAUCE OR MARINARA SAUCE W/CHEESE GARLIC BREAD Corn Romaine Salad Chilled Fruit Chilled Strawberries	10 CORN DOG ON STICK CHEESE CALZONE Potato Wedges Shredded Lettuce cherry Tomato Chilled Fruit Red Apple	11 "Veterans Day Holiday"
14 WRAPPED BBQ CHICKEN PIZZA P.B. JELLY SANDWICH Corn Chilled Fruit Green Salad Orange Juice 4 oz	15 CHICKEN DOUBLE DOG GRILLED CHEESE SANDWICH Baby Carrots Tangerine Pears Vegetable Salad	16 BEEF & BEAN OR BEAN & CHEESE BURRITO Shredded Lettuce w/ Spinach Baby Carrots / Celery Sliced Apples Peas	17 CHICKEN OR CHEESE QUESADILLA *Knotts Cookie Broccoli w/ Cauliflower Packet Potato Rounds Ripe Banana Shredded Lettuce	18 TWIN CHEESE BURGER CHEESE PIZZA Grapes Giggles Fresh Pears Celery Sticks Shredded Lettuce w/ Pickles
21 CHILI CHEESE DOG VEGETARIAN EGG ROLLS Shredded Lettuce w/ Sliced Cucumber Sliced Kiwi Steamed Oriental Vegetable Chilled Fruit	22 TURKEY & GRAVY SPICY GRILLED CHEESE SANDWICH Mashed Sweet Potato Green Beans Chilled Fruit Apple Pie	23	24	25 
28 BBQ PORK RIB ON BUN VEGETARIAN RIB ON BUN Potato Fries Shredded Lettuce Chilled Fruit Orange Juice	29 TERIYAKI CHICKEN CHEESE PIZZA BAGEL Garden Mix w/ Spinach Steamed Rice Green Beans Chilled Fruit	30 CLASSICE BURGER CHEESE PIZZA BAGEL Shredded Lettuce / Bell Peppers Carrot Coins Chilled Fruit Ripe Banana "November Birthday Celebration"		OFFERED DAILY <i>Green Salad / Ranch Dressing</i> <i>Variety of Milk</i> <i>Nonfat Chocolate</i> <i>1% White Milk</i> <i>Strawberry Splash</i> <i>Soy Milk</i> <i>(written request only)</i>

*May Contain Peanuts or Peanut Oil
 ** May Contain Banana