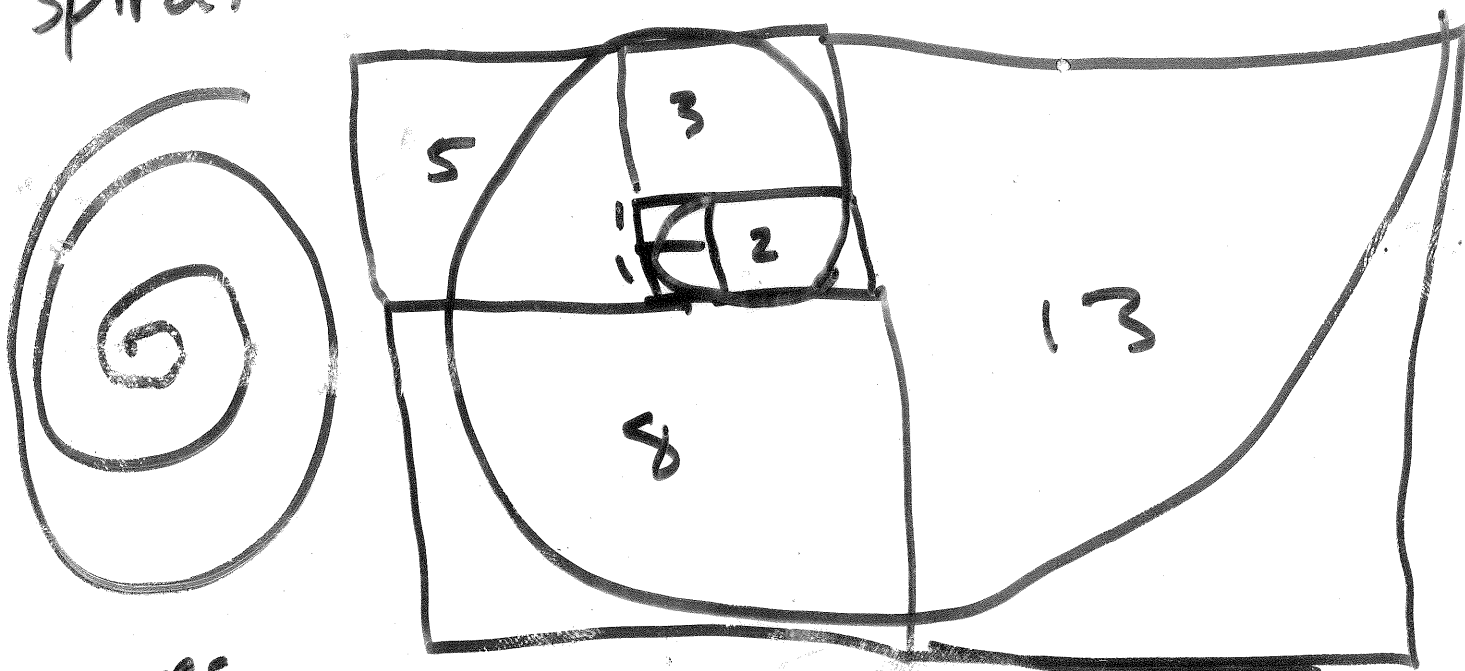


# Natural Patterns

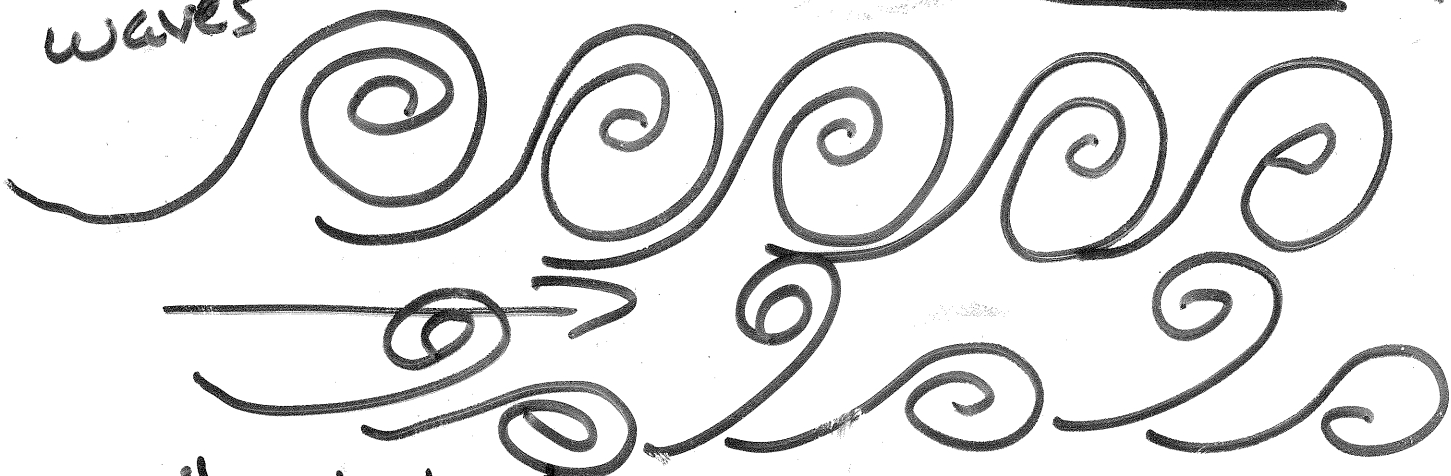
As energy moves through a system, it reveals these patterns:

1, 1, 2, 3, 5, 8, 13, 21, 34 →

spiral



waves



snails, shells, tornadoes, DNA, solar system, galaxy

→ everything is, was or is trying to become a spiral